

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Canada Day Happy Birthday Ramziya & Peter! 9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:15am One to One Intellectual Visit- CL 9:45am One to One Social Visit - Vari 10:00am Water Games - 2nd 11:00am Canada Day Discussion - 2nd 1:30pm Omni Vista - CL 1:45pm Tuck Shop - GE 2:00pm Tuck Shop - HE 3:00pm Outdoor Time - Fron 3:00pm Jeopardy - CL 3:15pm Canadian Sing a long - 2nd Floor Dining Room	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:45am Music with Carol - 2nd Floor Patio 10:15am Therapy Dog Visits with Star - GE 10:30am Rosary - Main 11:00am One to One Social Visit - Vari 11:15am One on One Dementiability - GI 1:30pm What's the Scoop? Game - CL 2:00pm Canadian Hangman - GE 2:00pm Virtual Reality Experience - HE 3:00pm Karaoke - 3rd floor dining room 3:00pm One to One student Visit 3:15pm Garden Visits - 2nd 3:15pm Outdoor Time - HE	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am Axe Throwing - CL 9:30am Gardening - Fron 10:00am Ring Toss - GI 10:00am Sing a long - HE 10:30am Music with Amy - GE 10:30am July Random Trivia - CL 11:00am Reading Visits - GI 11:00am July Trivia - HE 1:45pm One to One Social Visit - Vari 1:45pm One to One Social Visit - GI 2:00pm One on One Student Visit 3:00pm Freedom In Christ Church with Pastor Alaric - Main	Happy Birthday Sharon! 9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am Outdoor Game with students - Fron 9:45am Balloon Toss - GE 9:45am Music with Amy - GI 10:00am Gardening - Fron 10:30am Top 10 Canadian Landmarks - GE 10:45am One to One Social Visit - Vari 1:45pm Leisure Walks - Fron 1:45pm Tuck Shop for Gibbon House 2:30pm Bedside Singers - CL 2:45pm Bingo - 2nd Floor Dining Room 3:00pm Hand Massage - 3rd floor dining room 6:15pm Campfire - 2nd Floor Patio	Happy Birthday Zofia & Anastasia! 9:15am Low Impact Exercise - GE 9:45am July Trivia - GE 10:00am Manicures - 3rd Floor Dining Room 10:15am Manicure - 2nd Floor Dining Room 1:30pm Leisure Walks- 3rd Floor - Fron 1:45pm Outdoor Visits - 2nd 2:30pm Movie Matinee - GI 3:00pm Summer Baking - 2nd Floor Dining Room
9:15am Low Impact Exercise - GE 10:30am Church with Recreation Team - Main 3:00pm Celebration of Life - Main	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 10:00am Guitar Music (with the youth) - 2nd Floor Patio 10:15am Feel & Talk : Herbs - Fron 10:45am Active Games (with the youth) - 2nd Floor Patio 1:30pm Tuck Shop- CL 1:45pm One to One Physical Activity - GI 1:45pm Tuck Shop - GE 3:00pm Bingo - 3rd floor dining room 3:00pm Canadian Trivia & Fun Facts - GE	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 10:00am Art Group (Closed) - Main 10:00am One to One Social Visit - Vari 10:15am Bocce Ball - Fron 10:30am Therapy Dog Visits for Hewson 2:00pm Yard Scrabble - Fron Front Patio 2:00pm Tuck Shop - HE 2:15pm Music with Amy - CL 3:00pm Karaoke - 3rd floor dining room 3:30pm Bedside Singers - CL 3:30pm Omi Vista - HE 4:00pm One to One Social Visit - Vari	Happy Birthday Giuliana & Rhoda! 9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:45am Music with Carol - 2nd Floor Patio 10:15am Therapy Dog Visits with Star - GI 10:30am Rosary - Main 12:00pm BBQ Lunch - 3rd Floor - Hotdogs (Sign up only) - Main 2:30pm Movie Matinee - GE	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am Gardening - Fron 9:30am Ring Toss - CL 10:15am Axe Throwing - Fron 10:30am Word Game- Hangman - CL 10:30am Music with Amy - GE 1:00pm Duet Bike Ride - Fron 1:30pm Travelogue Video: Newfoundland - GE 1:30pm One to One Physical Activity- CL - Vari 3:00pm Church Service - Lutheran with Rev. Joel V. Kuhl - Main 4:15pm Leisure Walk - Fron 6:15pm Campfire & music with Dan - 2nd Floor Patio	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am One to One Social Visit- CL - Vari 10:15am Bocce Ball - Vari 10:15am Dollarama Outing (Sign up only) 10:15am Sing a long Video - CL 1:45pm Memory Game - GE 2:00pm Crafts- Tropical Island Centerpiece - CL 2:15pm Music with Amy - GI 2:45pm Karaoke - 2nd Floor Dining Room 3:30pm Bedside Singers - CL 3:30pm Shuffleboard/Air Hockey - Main	9:15am Low Impact Exercise - GE 10:00am Manicure - 2nd Floor Dining Room 10:00am Manicure - 3rd Floor Dining Room 1:45pm Tuck Shop for Gibbon House 2:00pm Traveling Ice cream Cart for 2nd floor 3:00pm Traveling Ice cream Cart for 3rd floor
Happy Birthday Maria A.! 9:15am Low Impact Exercise - GE 10:30am Church Service with Recreation Team - Main 2:30pm Beauty & Spa - Main	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am Gardening - 2nd 9:45am Hymn Sing - GE 10:00am Discussion Group - GI 10:00am Watering Plants- CL - Fron 10:45am Duet Bike Ride - Fron 11:30am One to One Intellectual Visit - GI 1:30pm Tuck Shop- CL 2:45pm Live Music with Amy - 2nd Floor Dining Room 3:00pm Bingo - 3rd floor dining room	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am One to One Physical Activity- CL - Vari 10:00am Art Group - Main 10:30am Therapy Dog Visits for Clarke 1:30pm Virtual Reality - CL 1:45pm Tuck Shop - GE 2:00pm Gardening - 2nd 2:00pm Tuck Shop - HE 3:00pm Pool Noodle Hockey - 2nd Floor Dining Room 3:00pm Music with Amy - GI 3:00pm Jeopardy - CL 6:00pm One to One Social Visit - Vari	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:45am Music with Carol - 2nd Floor Patio 10:15am Therapy Dog Visits with Star - HE 10:30am Rosary - Main 12:00pm BBQ Lunch - 2nd Floor - Hotdogs (Sign up Only) - Main 3:00pm Word Unscramble - GE 3:15pm Leisure Walks - Front 3:15pm Uncovering Secrets of the International Space Station - CL 3:30pm Gardening - 2nd 3:30pm Visit with Snowball Seal - GI 4:00pm Leisure Walks - Fron	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am One to One Social Visit- CL 10:00am Balloon Toss - HE 10:15am Lawn Darts - Fron 10:30am Jeopardy - CL 1:30pm Assisted Leisure Walks - Main 1:45pm One to One Physical Activity - Vari 3:00pm St. Mark's Church with Fr Roque - Main 4:00pm One to One Physical Activity - GI	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 10:00am Visit with Snowball Seal - Vari 10:00am Summer Sing a long - GE 10:15am Crafts - 3rd floor dining room 11:00am Outdoor Time - 2nd 1:45pm One to One Social Visit - Vari 1:45pm One to One Social Visit - GI 2:45pm Bingo - 2nd Floor Dining Room 3:00pm Hymn Sing - 3rd floor dining room	9:15am Low Impact Exercise - GE 10:00am Manicure - 2nd Floor Dining Room 10:00am Manicure - 3rd Floor Dining Room 2:30pm Traveling Margarita Cart- 3rd Floor



July 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15am Low Impact Exercise - GE 10:30am Church Service with Recreation Team - Main 2:30pm Outdoor Time - 3rd Floor	Happy Birthday Gordon! 9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 10:00am Gardening- CL - Fron 10:00am Word Game - CL 10:00am Outdoor Time - HE 11:00am One to One Intellectual Visit - Vari 11:00am One to One Social Visit - GI 1:30pm Tuck Shop- CL 2:30pm Bowling - 2nd Floor Dining Room 3:00pm Bingo - 3rd floor dining room	Happy Birthday Parania! 9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 10:00am Entertainment with Susie - Main 10:30am Therapy Dog Visits for Geiger 2:00pm Outdoor water games - Fron 2:00pm Tuck Shop - HE 2:15pm Music with Amy - CL 3:00pm Reading Group - GI 3:15pm Bedside Singers - CL 3:15pm Shuffleboard and Air Hockey - Main 3:15pm Tuck Shop - GE 6:15pm July Trivia - HE	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:45am Music with Carol - 2nd Floor Patio 10:15am Therapy Dog Visits with Star - CL 10:30am Rosary - Main 12:00pm BBQ Lunch - 3rd Floor - Burger (Sign up Only) - Main 2:30pm Intellectual Game - Hewson - 2nd 3:00pm Finish the Song Lyric - GE 3:15pm Sing a long Video - CL 3:30pm Gardening - 2nd 3:30pm Leisure Walks - Front 3:30pm Omni Vista Game - GI	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am Gardening - Fron 9:30am One on One Dementiability - Vari 10:00am Pool Noodle Hockey - GE 10:30am Word game - CL 10:30am Music with Amy - HE 10:45am Lemonade Making - GE - Main 1:15pm Art Group (Closed) - Main 1:30pm Ball Toss - CL 3:00pm Lemonade & Laughs - 2nd 3:00pm Duet Bike Ride - Fron 3:00pm Karaoke - 3rd floor dining room 3:00pm Visit with Snowball Seal - HE 6:15pm Campfire - 2nd floor patio	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 10:00am Pie Making - Main 10:00am Dollarama Outings (Sign up Only) 1:30pm Hand Massage - CL 1:45pm Leisure Walks - Fron 2:00pm Visit with Snowball Seal - GI 2:45pm Karaoke - 2nd Floor Dining Room 3:00pm Travelogue- North Island, New Zealand - CL 3:15pm Music with Amy - GI	Happy Birthday Joan & Robert Z.! 9:15am Low Impact Exercise - GE 10:00am Manicure - 2nd Floor Dining Room 10:00am Manicure - 3rd Floor Dining Room 2:00pm Bread Making - Main
9:15am Low Impact Exercise - GE 10:30am Church with Pastor Dan - KRPC - Main 2:00pm Fresh Bread Visits - 2nd floor - Vari 3:00pm Fresh Bread Visits - 3rd floor	Happy Birthday Jack! 9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am Watering Plants- CL - Fron 10:00am Outdoor Water Gun Game - Fron 1:30pm Tuck Shop- CL 1:45pm Garden visit - 2nd floor patio 2:45pm Live music with Amy - 2nd floor dining room 3:00pm Bingo - 3rd floor dining room	Happy Birthday Nam! 9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:30am One to One Intellectual Visit- CL - Vari 9:45am Gardening - 2nd 10:00am Art Group (Closed) - Main 10:30am Axe Throwing - CL 10:30am Therapy Dog Visits for Gibbon - Vari 1:45pm Tuck Shop - GE 2:00pm Tuck Shop - HE 3:00pm Jeopardy - CL 3:15pm Outdoor Games - 2nd Floor Patio 3:15pm Balloon Badminton - HE	9:00am Tier 1 Exercise Program - CL 9:15am Low Impact Exercise - GE 9:45am Music with Carol - 2nd Floor Patio 10:15am Therapy Dog Visits with Star - GE 10:30am Rosary - Main 12:00pm BBQ Lunch - 2nd Floor - Burger (Sign up Only) - Main 3:15pm Visit with Snowball (Seal) - Vari 3:30pm Leisure Walks - Front 3:30pm Virtual Reality Game - GI	9:00am Tier 1 Exercise Program - CL 9:30am One to One Social Visit - Vari 9:45am Watering Plants - Fron 10:00am Modern Jeopardy - HE 10:30am New Zealand Trivia - CL 10:30am Balloon Volleyball - GI 2:30pm Travelogue – Montreux, Switzerland - HE 2:30pm Eye Glasses Clinic - 3rd floor dining room 3:00pm Balloon Badminton - CL		